#### FLAG FOOTBALL VOLUNTEER COACHES

#### **Frequently Asked Questions**

### How much is the program?

Our league fee is \$69.00 for residents and \$79.00 for non-residents. Volunteer coaches will receive a full refund upon returning the equipment at the end of the season.

#### How do I register for the program?

Flyers are given out to the Torrance elementary and middle schools. You can register for our youth sports league online, by phone, mail, fax, or walking in the permission slip to the Community Services Department. Please note that there are deadlines for each form of registering. Volunteer coaches should register their children as soon as possible.

#### How do I become a volunteer coach?

Sign up by filling out the coach's application at:

www.TorranceCA.Gov/VolunteerProgram.htm.

After you sign up you will need to visit the Human Resources Department at 3231 Torrance Blvd. to pick up a fingerprint card. Volunteer coaches must be fingerprinted annually.

#### How many kids are on a team?

There are 16 players maximum permitted per team and eight players on the field at a time.

#### How do you break down the teams and what are the age groups?

Flag football is a co-ed sport. Teams are separated by grade level, then by school, or geographic location. If there are not enough players from your school, they will be combined with a neighboring school that is also short of players.

#### Can I request a specific child to be on my team?

We do not accept requests.

#### How do I bring in a team?

We do not accept brought-in teams.

### When and where are practices?

You set up your practice schedule based upon your availability at a local park or school. Practices must be scheduled through the Youth Sports Office.

#### How many practices are there per week?

Practices should be held twice a week for at least one hour. Coaches should have a parent meeting at the first practice and collect emergency forms for each child in which you will keep with you at all practices and games.

### When and where are games played?

Primarily, games will be held on Saturdays at Wilson Park, 2200 Crenshaw Boulevard. Some games will be played during the week.

Game times may vary. Schedules will be posted on the website at the beginning of the season.

#### How long is the program and how many games are there?

The program is eight to ten weeks long and there are eight games.

## What does my team wear?

Participants will wear the City of Torrance uniform shirt, dark colored (no red or yellow and no stripes) solid Shorts or pants (coach's choice) and appropriate athletic footwear. Players wearing stripped shorts will not be allowed to play. You will meet with the parents to determine the rest of the uniform. Mouth guards are required in flag football.

## Is it necessary to have football experience?

No, but it helps. You will need to teach the basic rules, strategies and skills involved, and also encourage good sportsmanship and fair play. Our goal is to help provide an opportunity for children to play in an organized recreational Youth Sports League.

The City of Torrance will offer a flag football coaches clinic.

# If I have more questions, who do I contact?

If you have any further questions, you can contact the Youth Sports Office by phone 310/781-7517, or by email at youthsports@TorranceCA.Gov.